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Workshop for parents of children with autism held

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Kottayam: World Autism Awareness Day was observed here by Jewel Autism Centre in association with Baselius College.

The programme commenced with a workshop for parents and professionals working in the field of autism. The main speaker Kinnari Bhatt, board certified behaviour analyst talked

about behaviour management and behaviour modification in autism spectrum disorder.

It focussed on the importance of understanding behaviour of children. There was also an interactive session for parents.

The workshop was followed by another seminar on the role of diet in autism. Dr Shahanaz Ahamed spoke about how to deal with food habits and what are the common components in food that affects behaviour. A street play was staged at Gandhi Square in the afternoon.

The current incidence of Autism in India is 1 in 52. Most children with autism can be diagnosed between 18-24 months of age. But the awareness among public is very limited regarding the same.

Jewel Autism Centre is a multi-speciality therapy clinic in Kottayam founded in 2008 by Dr. Jameson Samuel in order to help the families of autistic kids.

The Centre offers various programs such as occupational therapy, speech therapy, behavioural therapy, remedial education program (Special Education), group therapy and social skills training program.

World Autism Awareness Day is an internationally recognized day on 2 April every year, encouraging member states of the United Nations to take measures to raise awareness about people with autism throughout the world. World Autism Awareness Day", passed in council on 1 November 2007, and adopted on 18 December 2007.